Principal’s Report…
Welcome to our second newsletter for 2015 and term one which again highlights the extensive learning opportunities provided by North High. In this article I will focus on the student enrolment and staffing, Student Council induction and senior badge ceremony, target setting, teacher communication with home and the ‘My Big Picture plan’.

Student enrolment and staffing:
At the end of 2014 our predicted enrolment was 780 students. Actual figures in 2015 saw this prediction exceeded, with 809 students calling North High their school. As a result of this increased enrolment the school is entitled to 3 additional teachers. Ms Murray (English/Maths/ Media) commenced duty on Monday 16th February and Mrs Petrina MacDonald (Art) increasing from part time to full time hours. The remaining vacancies will be filled in the next few days once the school has completed the recruitment process. This additional staffing will allow the school to create new classes and reduce the size of some of the larger classes. Some students will have new teachers and while this change may challenge some students initially, in the longer term it will have a positive impact on their learning environment and outcomes.

Student Council induction and senior badge ceremony:
On Wednesday, February 18 the Student Council induction and senior badge ceremony was conducted. This provided the opportunity for the school community to recognize and celebrate the achievements of our school leaders and wish them well for the year ahead. The ceremony is as much about celebrating student achievement as it is about acknowledging the importance of student leadership in making a difference in our school. I extend my personal congratulations to our 2015 seniors, to each student recognized as a formal school leader and a special congratulations to our School Captains, Lachlan Jensen and Emily Kurtz. Thank you for your commitment to our school. I look forward to working with you all in making a difference in 2015 and helping this great school to shine even more brightly.

Target setting:
In 2014 the school introduced a school-wide program of Academic Target Setting where academic goals were discussed with their teachers, and set for each semester. In 2015 we have continued this program and by now all students will have had conversations with their teachers and completed their Academic Target Setting. We found that in 2014 this program contributed to some excellent improvements in student performance across the school. It not only includes target setting, but ongoing monitoring, review and feedback of each student’s progress towards their academic goal. I encourage you to discuss the outcomes of this process with your student. I would like to thank the staff for their continued commitment to the success of our students.
Teacher communication with home:

You may have noticed an increased amount of email communication from our teaching staff about your student’s specific learning program. This is part of the many ways we communicate with you, to keep you informed of general school events and of the specific learning program of each subject. I strongly believe that the success of students is solidly based on a strong student, teacher and parent partnership and that without this partnership it makes it just that little bit harder for staff and students to achieve success. By keeping you informed and connected to your students learning will help to strengthen this partnership as together we can achieve the best outcomes for your student.

‘My Big Picture plan’:

This year we are introducing another program aimed at enhancing student academic performance called ‘My Big Picture plan’. This program supports all students from Year 7 to Year 12 to develop a career and education plan in their RAS lessons. The plan maintains ongoing monitoring of student’s progress towards achievement of their goals through their RAS teacher and includes reporting student progress to parents through a student led conference with parents and teachers. This program is about building student aspirations for their future and students who have aspirations for their future are more motivated, engaged and generally more successful learners. In the near future I will be providing details to parents about this new initiative. I encourage you to ask your students about the program and the activities they have engaged in to date.

Finally please continue to contact the school if you have any concerns regarding your student’s education as together we can produce the best outcomes for your student.

Ross Robertson
PRINCIPAL
North High P & C

Hi to all parents. I am asking for your support in 2015. Your P & C Association has operated since the establishment of this great school. We act at a level between the parents and the school, to hear what is going on, have an input to many decisions and events that occur throughout the school year, and to provide items for the students and staff that are not part of the school budget. This is why the Tuckshop operates, as well as providing healthy food for your child’s hungry stomach.

Currently we need new members to operate efficiently. There are just a handful of dedicated parents and other interested persons, left to run the P & C and make decisions that ultimately affect you. Please seriously consider regularly attending the meetings, which are held at the school on the first Thursday of every month at 5 pm; the next is on the 5th of March. The P & C needs interested and capable people to attend regularly and fulfil crucial Executive roles. Without your help, the future of the P & C is questionable, and its demise would be of serious consequence to you and your children. Please make an effort to be part of this important committee. If there are enough of you interested, but find the current meeting time inconvenient or impossible, it can be changed to 7 pm. Contact the office to indicate your interest. The Annual meeting will be held on March 5th at the same time and venue. The tuckshop urgently needs volunteers to both prepare and serve food, in accordance with current healthy guidelines. You can attend once a week or once a month; hours are flexible to suit your availability and we welcome men and women. Please consider seriously your involvement in your child’s school. Without volunteers, paid staff will be required which reduces the funding available to the school.

I look forward to welcoming new members and volunteers.

Roger Burtt - President

DATES TO REMEMBER:

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>26th February 2015</td>
<td>School photo day – all year levels</td>
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<tr>
<td>16th March 2015</td>
<td>Year 8 vaccinations</td>
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<tr>
<td>23rd March 2015</td>
<td>Year 10 vaccinations</td>
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</table>

Student payments may be made directly into the school bank account.
Name: Bundaberg North State High School
BSB: 064-403
Acct: 00090504
Reference: Student name or EQ ID number.

School Photos

On Thursday, 26th February, school photos will be taken. All students will have their photo taken and ID cards will be generated from the photos. By now you should have received information about ordering school photos. This is optional. All orders and money is handled by the photo company Advanced Life. Envelopes and money should be brought back to school on February 26th and handed directly to the photo company staff.

All year 7, 8, 9 and 10 students should wear their polo shirt and black shorts, and all year 11 and 12 students should wear their formal uniform. Please make sure Year 11 and 12 students have their tie tied correctly.

Students will have individual photos taken, there are no class photos. Students on Student Council will have their Council photos taken at lunch time in addition to their individual photo. Those students going to TAFE etc can have their photo taken before school, commencing at 8am.

If you have any concerns please do not hesitate to phone the office.

Robyn Kent
Deputy Principal

P & C Meeting
Thursday 5th March, starting from 5.00pm. All welcome!
Senior School News

Our Year 10, 11 and 12 students have settled into their new timetables with all subject changes now finalized. Some students are still organising their off-campus courses or school-based traineeships/apprenticeships and there may be some adjustments to timetables but all other students should now be focused on their new courses. All students have set targets for each subject and should be able to talk to their parents/carers about their targets. We encourage parents to take the time to ask about their child’s targets and help support them in reaching their goals.

Our Year 12 students who are eligible to receive an OP (overall position) for university entry will be meeting with staff about their OP prediction based on 2014 results. Students will be given a score so they can work on improving their score.

In week 5 we will be collecting progress information for all year 11 and 12 students. Teachers will be asked to identify any students who are not progressing satisfactorily, or who have less than satisfactory effort or behaviour. These students will then be monitored and parents contacted to look at strategies for improvement. This is an important part of ensuring students are on track to receive their QCE (Queensland Certificate of Education) by the end of year 12. Our aim is to have all students leaving year 12 with a QCE and a report they can be proud of.

Student Council and senior badge ceremony

On Wednesday, February 18th, the 2015 Student Council representatives and Year 12s received their badges. We would like to congratulate the following Student Council representatives for 2015.

School Captains
Lachlan Jensen

Sports Captains
Rebecca Chapman

Secretary
Sophie Cross

Treasurer
Cooper Habermann

Cultural and Parade Reps
Rebecca Figallo

Publicity Reps
Owen Puccini and Celine Muscat

Indigenous Ambassadors
Matthew Wallis and Samantha Brady

Year 10
Blake Batchelor
Skie Cronin
Emily Farmer
Bianca Maultby
Katelyn Neubecker
Mikka Noblett

Year 11
Angus Ethell
Chloe Harris
Ariana Nicholls
Deaz Rohan
Hayley Sparozvich
Jacob Watson

P & C Meeting
Thursday 5th March, starting from 5.00pm. All welcome!
BIG DAY OUT

In Week 2, the Year 7, 8 & 9 cohorts participated in the ‘Big Day Out’ program at Bucca Retreat. The goal of the ‘Big Day Out’ was to build new friendships, assist with the transition from primary to high school, develop group cohesion, a sense of pride and teamwork, all while having fun engaging in different physical and intellectually challenging activities. Overall the days were a great success with students, Year 11 helpers and teachers enjoying themselves and achieving the overall goals. Here are some quotes from the students:

…. we had five different fun activities for the day; the waterslide, the obstacle course, the team building exercise, the future planning exercise and the future career exercise ... Emma Deighton

.... some activities that incorporated leadership tasks include the egg drop. This gave us a sense of responsibility to keep the egg safe for the day until it was time to drop our eggs... Ellisa Harris

.... we finally got to go on the water slide, it was the best part of the day for me ... Peter Johnstone

... the day not only helped us create friendships with students we didn’t know, but it also helped us to build our leadership skills .... Jorjah Saunders

... day was educational, fun and inspirational .... inspired me to become a leader and start thinking about my career .... day created great memories and inspired many people towards their future and education... Kira Lloyd-Jones

... the day was lots of fun and we look forward to attending them again.... Jorjah Saunders

Teressa Gibson (Year 8 YLC)
The Sevens ‘Big Day Out’

By Paris Berry – Yr 7 student

The Bucca Retreat offered an “eggscellent” day for all students. Year 7 students participated in a variety of leadership and team building challenges. Teams learned to work together by babysitting an egg for the whole day, which later was taken on an obstacle course. Sadly, not all eggs made it this far, but the teachers seemed to have fun ‘cracking’ a lot of egg jokes during the day. Building skills were displayed when teams made transportation devices to carry passengers. This was a trust-building exercise, but some of the students looked quite scared of being carried, so I don’t think there was much trust in a lot of cases.

Career bingo was also a fun exercise, but my favorite part of the day was watching the faces of all the students going down the huge waterslide. That was one activity I was glad not to participate in!
?? INTERESTED IN ROWING ??
OUR LEARN TO ROW CAMP IS FOR YOU!

Rowing is an extra curricula summer sport offered at North Bundaberg High and is unique in that it is coordinated differently to other school sport. Rowing is complex and requires a lot of attention at the beginner stages. Typically, a learn-to-row program runs for 6 weeks, however we are condensing this into a 2 day camp. Details below:

<table>
<thead>
<tr>
<th>WHO</th>
<th>All new rowers (Yr 7 – 12) &amp; their families</th>
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<tbody>
<tr>
<td>WHERE</td>
<td>Bundaberg Rowing Club, Bucca Facility (directions below)</td>
</tr>
<tr>
<td>WHEN</td>
<td>Saturday, 28th February 2pm – Sunday, 1st March 11am</td>
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<tr>
<td>COST</td>
<td>$30 per person (covers meals &amp; dormitory accommodation) This can be paid directly to our bank account (BSB: 064403 Acct: 00090504 Name: Bundaberg North SHS).</td>
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</table>
| WHAT TO EXPECT | o Meet & train with experienced rowers, coaches & parents  
|             | o Land & water sessions including use of rowing machines & a range of rowing boats  
|             | o Basic meals & snacks – BBQ style meals & fruit etc snacks  
|             | o Night campfire & entertainment/games  
|             | o Frustration, as learning to row can be daunting, but once you get it – it is like riding a bike |

After the camp if you have enjoyed the experience, we will encourage you to join the North High Rowing Team. Please contact the Rowing Coordinator - Teressa Gibson in G Block staffroom, on 41 300 270 or ttibb3@eq.edu.au for more details & permission forms.

Senior Girls 8, medal winners in 2014
Healthy eating – School lunches

Adolescence is a time when young people start to make independent choices about their lifestyles. It is an important time to talk about and encourage healthy food habits.

What to put in healthier school lunches:

- Fresh fruit – young people require at least two pieces per day
- Fresh crunchy vegetables – five or more serves daily (a serve is half a cup of cooked vegies or one cup of chopped salad vegies)
- Yogurt, cheese
- Protein of some sort – meat, hard-boiled egg, nuts (unsalted)
- Bread or crackers – wholemeal or grain, check the salt level in crackers, preferably below 300mg/100g
- Water – encourage your student to bring a water bottle to school, even being mildly dehydrated can have an effect on brain function.

What not to put in healthier school lunches:

- Sweet drinks – fruit juice, fruit drinks, cordial, sports drinks, energy drinks, flavoured mineral water, iced teas, soft drinks, flavoured milk. These are all very high in sugar and can lead to weight gain and oral health problems.
- Dried fruit bars and fruit straps – these are low in fibre and high in sugar and can stick to teeth causing tooth decay.
- Muesli bars, ‘dairy desserts’, chocolate – believe it or not, muesli bars can have more sugar than chocolate! All are high in fat and sugar.
- Jams, chocolate spreads – these add extra, unnecessary sugar to the lunchbox.
- Processed meats such as salami and luncheon meats – very high in salt and fat
- ‘Oven-baked’ savoury biscuits. These may sound like healthier options, but some are just as high in salt and fat as potato chips.
- Artificially sweetened drinks – whilst not high in sugar, they encourage sweet preferences and promote the habit of drinking sweet drinks in young people. They are also acidic and can contribute to tooth decay.

Reference:  www.betterhealth.vic.gov.au This site has a range of well researched health related information.

12 RECREATION STUDENTS
BOAT & JET SKI LICENCE OPPORTUNITY

Within the Year 12 Recreation course, at the start of Term 2, students are provided with the opportunity to obtain their Recreational Marine Driver's licence (boat) and/or PWC (jet ski) licence. Obtaining the licence is not a compulsory part of the course and is optional, however the reduced fees provide a great and rare opportunity for Recreation students.

The course is conducted through the Australian Boating College. The cost for the boat licence course is $100.00 and the cost for the jet ski licence course is an additional $100.00. Payment may be made directly to our bank account (BSB: 064403 Acct: 00090504 Name: Bundaberg North SHS). The course involves a theory and practical component with some completed during and after school.

Students have been provided with an information letter and a permission form during their Recreation lessons. Permission forms are to be returned to their Recreation teacher and payment is accepted via the school office and due by the end of Term 1 (Monday, 30th March). This fee can be paid off within the term, however final payments are due by the end of the term. Any questions please contact Teressa Gibson via the school number (41 300 222) or email ttibb3@eq.edu.au.

Thanks,
Teressa Gibson (Senior Recreation Coordinator)
‘Take Home Device’ program update

Those students in Year 11 & 12 who signed up to participate in the ‘Take Home Device’ (eLearning Program) have been receiving their devices over the last two weeks. This has been an enormous job rolling out over 150 devices to students across the school. Unfortunately this has been slower than previous years due to the fact that students did not complete all the requirements of the program. If your child has not received their device and they have signed up for the program they need to go to the school office to confirm that they have completed all the necessary tasks.

If there are any Year 11 or 12 students who are still interested in participating in this program you must make sure you have completed the following tasks:

1. Collected the eLearning Charter of Agreement from the Office
2. Read it carefully and brought it back to the Office signed by both student and parent.
3. Paid the required program participation fee of $120.00 (part-payment plans can be arranged) to the Cashier, or paid directly to our bank account (BSB: 064403 Acct: 00090504 Name: Bundaberg North SHS).

Once these steps have been completed our school based computer technician will be able to assign and configure a device for your student.

HOT SWAPs

As part of the ‘Take Home Device’ program students are able to secure a Hot Swap device (temporary replacement) if their Tablet requires fixing or investigation for repairs. Please be aware that the opening times at Reprographics (bottom B block) have changed and these are the only times students will be able to take devices for a hot swap.

Monday – Friday: 8.15am – 8.50am
Monday – Friday: 11.25am – 11.55am
Monday – Friday: 3.05pm – 3.45pm

BYOx Update

Thank you to all those parents who took the time to fill out our BYOx survey last year. This information has helped us to establish that as a school community there is overwhelming support towards BYO (Bring Your Own) devices in 2016. In the near future we will hold many parent & community forums to engage all our stakeholders in the planning and implementation stages of this. This will enable us together as a community to make decisions around issues like devices types, costs, minimum specifications, software and the implementation process. We look forward to working with you as we take this next step in our eLearning journey at North.

Gail Norris
HOD eLearning
COMMUNITY NOTICEBOARD

Alloway Football Club is looking for girls to join our under 16 girls team for the upcoming soccer season. It doesn't matter if you've never played before, or haven't played for a while, we'll show you the basics to get you started in a supportive team environment. All you need is a good attitude and be willing to learn. Training is Wednesday nights at 5pm at Alloway Country Club. For more information contact Lee Nielsen on 0414 986 880.

ACROSS THE WAVES - AFL SIGN ON

When: Friday 27 February 2015, 5pm – 7pm
Where: ATW Clubhouse - Frank Coulthard Oval, Claytons Road, Thabeban

Do you love your AFL? Are you looking for an affordable, fun and friendly club for your family to join? If YES Across the Waves AFL Club may be for you! Come along to the Club Sign on day where club representatives will be available to answer your questions.

For more information please email atwafi@gmail.com or contact Wendy O’Keefe (Secretary) - 0402 912 242

Moore Park Beach Traditional Karate

Now Training in Moore Park
6:00-7:30 PM Monday and Thursday nights at Moore Park Community Hall

Great Training in a Friendly Atmosphere

- Realistic technique application
- Focus on character improvement and avoiding conflict
- Very affordable. $5:00 per lesson
- All ages and skill levels catered for
- Benefits of training include improved fitness and better concentration
- Instructor with over 30 years experience with Child Safety Blue Card.
- More Information. Paul 0429 487 019